



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 03181, Babyfood, cereal, barley, dry fortified

Report Date: June 24, 2017 22:29 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	6.80	--	0.200	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Energy	kcal	376	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2012
Energy	kJ	1574	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2012
Protein	g	13.20	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2012
Total lipid (fat)	g	6.60	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2012
Ash	g	4.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2012
Carbohydrate, by difference	g	69.40	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2012
Fiber, total dietary	g	6.6	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Sugars, total	g	13.20	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Minerals													
Calcium, Ca	mg	643	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	48.21	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Magnesium, Mg	mg	115	--	5.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phosphorus, P	mg	333	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Potassium, K	mg	467	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Sodium, Na	mg	33	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Zinc, Zn	mg	3.13	--	0.185	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Copper, Cu	mg	0.467	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Selenium, Se	µg	30.2	--	4.400	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Thiamin	mg	0.892	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Riboflavin	mg	1.070	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Niacin	mg	14.280	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Pantothenic acid	mg	4.920	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Vitamin B-6	mg	0.714	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Folate, total	µg	179	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Folic acid	µg	156	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2016
Folate, food	µg	23	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2016
Folate, DFE	µg	287	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2016
Choline, total	mg	45.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-12	µg	3.57	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Vitamin B-12, added	µg	3.57	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2008
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	20130	03/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	20130	03/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	20130	03/2003
Vitamin A, IU	IU	0	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	20130	03/2003
Lutein + zeaxanthin	µg	170	--	--	--	--	--	--	--	--	Calculated or imputed	20130	03/2003
Vitamin E (alpha-tocopherol)	mg	5.00	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Vitamin E, added	mg	4.87	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2016
Vitamin D (D2 + D3)	µg	7.1	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2016

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D	IU	286	--	--	0	0	--	--	--	--	Calculated from nutrient label by NDL	--	04/2016
Vitamin K (phylloquinone)	µg	2.3	--	--	--	--	--	--	--	--	Calculated or imputed	20130	03/2003
Lipids													
Fatty acids, total saturated	g	0.894	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
12:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
14:0	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
16:0	g	0.602	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
18:0	g	0.283	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
Fatty acids, total monounsaturated	g	1.450	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
16:1 undifferentiated	g	0.220	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
18:1 undifferentiated	g	1.226	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
20:1	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total polyunsaturated	g	3.859	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:2 undifferentiated	g	3.543	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
18:3 undifferentiated	g	0.316	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2013
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
Amino Acids													
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	20130	03/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	20130	03/2003
Flavonoids													
Proanthocyanidin													
Proanthocyanidin dimers ¹	mg	9.3	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin trimers ¹	mg	4.5	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin 4-6mers ¹	mg	4.1	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin 7-10mers ¹	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin polymers (>10mers) ¹	mg	0.0	--	--	0	0	--	--	--	--	--	--	--

¹Gu, L., Kelm, M.A., Hammerstone, J.F., Beecher, G., Holden, J., Haytowitz, D., Gebhardt, S., and Prior, R.L. Concentrations of proanthocyanidins in common foods and estimations of normal consumption, 2004 J. Nutr. 134 pp.613-617